

Damar Tantra Grantha



अथ वक्ष्ये महेशानि क्रियाः सिद्धि प्रदायिनीः |
पात्राणि विहिता नीह शास्त्रविद्धिः प्रयत्नतः || १ ||

O parvati! I shall expound to you the recommended actions and rituals of Shivambu Kalpa that, confer numerous benefits. Those well versed in the scriptures have carefully specified certain vessels for the purpose. (1)

शौवर्णं राजतं ताम्रं कांस्यजं तथा |
आयसं मृण्मयं चैव नागजं काचसंभवम् || २ ||

वैष्णवं काष्ठसंभूतं विल्वजं चाम्बसंभवम् |
अस्थिजं चर्मजं चैव पात्रं वै पर्णसंभवम् || ३ ||

Utensils made from the following materials are recommended: Gold, Silver, Copper, Bronze, and Brass. Iron Clay, Ivory, Grass, wood from scared trees, Bones, Leather and Leaves. (2,3).

The Shivambu (one's own urine) should be collected in a utensil made of any of these materials. Among them clay are better, and copper ones are by far the best (4)

अक्षारकटुकान्नाशी साधाकः श्रमवर्जितः |
शयीत लघुभुग् रात्रो भूमिशायी जितेन्द्रियः || ५ ||

The intending practitioner of the therapy should abjure salty or bitter foods, should not over-exert himself, should take a light meal in the evening should sleep on the ground and should control an masters his senses.(5)

The sagacious practitioner should get up when three quarters of the night have elapsed, and should pass urine while facing the east (6)

The wise one should leave out the first and the last portion of the urine, and collect only the middle portion. This is considered the best procedure. (7)

Just as there is poison in the mouth and the tail of the serpent, O Parvati, it is even so in the case of the flow of Shivambu.(8)

Shivambu (Auto-urine) is heavenly nectar, which is capable of destroying senility and diseases. The practitioner of Yoga should take in before proceeding with his other rituals. (9)

After cleaning the mouth, and performing the other essential morning functions, on should drinks one's own clear urine, which is the annihilator of senility and diseases.(10)

One who drinks Shivambu for the duration of a month will b purify internally. Drinking it for two months simultaneous and energises the senses. (11)

Drinking it for three months destroys all diseases and free from all troubles. By drinking it for five months, on acquires divine vision and freedom from all diseases (12)

Continuation of the practice for six months makes the practitioner highly intelligent and proficient in the scriptures and in the duration is seven months, the practitioner acquires extraordinary strength. (13)

If the practice is continued for eight months, one acquires a permanent glow like that of gold and if it is continued for nine months, one is freed from tuberculosis and leprosy. (14)

Ten months of this practice makes one a veritable treasury of luster. Eleven months of it would purify all the organs of the body (15)

A man who has continued the practice for a year becomes that equal of the sun in radiance. He who has continued it for two years conquers the elements Earth. (16)

If the practice is continued for three years, one conquers the element Water, and if it is continued for four years, the element Light is also conquered.(17)

He who continues the practice for five years conquers the element Air, and he who continues it for seven years, conquers pride. (18)

Continuation of the practice for eight years enables one to conquer all the important elements of Nature, and continuation of it for nine years frees one from under the cycle of birth and death. (19)

One who has continued the practice for ten years can fly through the air without effort. One who has continued it for eleven years is able to hear the voice of his soul (his inner self). (20)

He who has continued the practice for twelve years will live so long as the moon and the stars last, He is not troubled by dangerous animals such as snakes, and no poisons can kill him. He cannot be consumed by fire, and can float on water just like wood.(21)

अन्यं देवि प्रकारं ते वक्ष्यामि शृणु यत्नतः ।
शिवाम्बुमिश्रितं चूर्णं गदूच्या भक्षयेन्नरः ॥ २२ ॥

O Goddess ! I should tell you now about other variants of the therapy. Please listen attentively. He who takes powdered amrita(gaduchi, Tinospora Condifolia) mixed with Auto-Urine habitually for six months, is freed from all disorders and acquires happiness. (22,2 contd.)

एवं षण्मासतो रोगैर्विमुक्तः प्राप्नुयात्सुखम् ।
हरीतकीभवं चूर्णं भक्षयेत्तु प्रयोगतः ॥ २३ ॥

शिवाम्बुपानकं कुर्याज्जरारोगविनाशनम् ।
एकवटर्षाभ्यासवशात् जायते बलवत्तरः ॥ २४ ॥

Powdered Haritaki (harade, Terminalia Chebula) should be assiduously taken with Shivambu. This combination destroys senile degeneration and all diseases. If this practice is continued for all year, it makes one exceptionally strong (23,24)

गंधकं माषमात्रं तु प्रातःकाले च भक्षयेत् ।
एवं वर्षत्रयाभ्यासाज्जीवेदाचन्दतारकम् ।
तास्य मूत्रपुरीषाभ्यां शुक्लं भवति काञ्चनम् ॥ २५ ॥

One masha (about one gramme) of surplus should be taken along with Shivambu every morning. He who continues this practice for three years will live as long as the moon and the stars last. His urine and faeces will whiten gold. (25)

कोष्ठं शिवाम्बुमिलितं भक्षयेत् क्रमयोगतः |
द्वादशाब्दप्रयोगेण वलीपलितवर्जितः |
नागार्युतेः समबलो जीवेदाचन्द्रतारकम् || २६ ||

The powder of the koskha fruit should be mixed properly with Shivambu and taken in the prescribed manner in these practice is continued for ten years one body baby breathe from the remains of old age such as wrinkles in the skin and widening that of the hair one of the choir this the state of a thousand in the birds and use as long as the moon and the stars continue to exist. (26)

मरोचं त्रिफलाचूर्णं मिश्रितं च शिवाम्बुना |
एतद्योगप्रयोगेण जायतेऽप्यमरद्वृत्तिः || २७ ||

If powdered pepper and Triphala Choorna (mixed powder of Terminalia Belavica, Terminalia Chebula and Phyllanthus Emblica) mixed with Shivambu are taken regularly, one acquires a radiance like that of the gods. (27)

गन्धकं चाभ्रसत्त्वेन मिश्रितं क्रमयोगतः |
भक्षयेदम्बुमात्रं यः सहितेन शिवाम्बुना || २८ ||

नाशयेदौदरान् रोगान् तथा वायुसमुद्भवान् |
बलवान् दिव्यकान्तिश्च दीर्घायुः कालवञ्चकः || २९ ||

The essence (bhasma) of mica and sulphur should be taken with Shivambu along with a little water. This cures all disorders caused by the Vata humor. He who takes such a mixture regularly becomes strong, acquires a divine radiance, and can cheat time (escape the ravages of time). (28, 29)

He who takes Shivambu daily and excludes salty, sour and bitter foods from diet acquires divine accomplishments quickly. Freed from all ailments, and possessing a body comparable to that of Shiva himself, he disports himself like the gods in the Universe for an eternity. (30, 31)

निम्बस्य पत्रजरसं तन्मिश्रं च शिवाम्बुना |
यः सेवते योगयुक्तो स भवेदमरोपमः || ३२ ||

He who regularly takes the juice of leaves of the neem tree by itself as well as mixed with Shivambu, attains the state of a yogi, and acquires splendour comparable to that of the gods. (32)

Anyone can rid himself of all physical ailments by taking Shivambu regularly with the powdered bark of the neem tree and powdered pumpkin for the duration of a year. (33)

पदमबीजं समक्षीकं सर्षणं समन्वितम् |
शिवाम्बु भक्षयेन्नूनं जायते देहलाघवम् || ३४ ||

Shivambu should be taken with lotus seeds, honey and mustard seeds. This will assuredly produce lightness of the body, rendering it energetic. (34)

मधुकफलबीजं च त्रिफलासमभागतः |
भक्षयेदनिशं तेन जरारोगक्षयो भवेत् || ३५ ||

Equal quantities of Mahua fruit seeds and Triphala Choorna (see Verse 27) taken daily with Shivambu will eliminate the possibility of senile degeneration and all diseases. (35)

He who takes rock salt mixed with an equal quantity of honey every morning, and follows it up with Shivambu

comes to possess a body with divine attribute. (36)

गन्धकं धात्रिचूर्णं च जातीफल समन्वितम् ।
आदौ जग्ध्वा ततः पेयं शिवाम्बु रूग्विनाशकृत् ॥३७॥

A mixture of equal parts of sulphur, powdered anvla (Phylonthus Emblica) fruits and powdered nutmeg (Myristica Beddomci) should first be taken, and that should be followed by drink of Shivambu. This will eliminate all diseases. (37)

A daily diet of milk accompanied by the drinking of Shivambu, continued uninterruptedly for seven

Years not only eliminates all diseases, but also nourishes and straight in the body (38)

कारोत्यशनकं यस्तु चूर्णस्यामृतकस्य च ।
पश्चाच्छिवाम्बुपानं च कुर्वन् जयेद् ध्रुवम् ॥३९॥

And he who takes the powdered amritaka, (vachhnag, Tinospora condifolia) following it up with drinking of Shivambu can certainly conquer death. (39)

And he who drinks he's own urine to which honey and Crystal sugar have been added is relieved of all diseases in six months. His speech becomes pleasing and he becomes clear-headed. (40)

He who first takes piece or powder of dry ginger, and drinks Shivambu after that, certainly conquers diseases.(41)

प्रातः शिवम्बुपानेन निर्गुंडीपत्रभक्षणात् ।
जायते बलवान् योगी दीर्घदृष्टिः कृतार्थकः ॥४२॥

By drinking Shivambu every morning and chewing leaves of Nirgundi(Viter Nirgundo) after drinking a Yogi attains strength, becomes far-sighted and succeeds in all his undertakings (42)

मनःशिलां यस्तु योगी चूर्णितान्तु शिवाम्बुके ।
विलेपनादरोगः स्यादंगे कृष्णशिरोरूहः ॥४३॥

The Yogi who applies a past of Mansheel ground with Shivambu all over his body frees himself from diseases and he's hair becomes black (i.e. in spite of age).(43)

अथ वक्ष्ये महेशानि लेपनं च शिवाम्बुना ।
यथोक्तलेपनाद्योगी योगसिद्धिमवाप्नुयात् ॥४४॥

And now O Parvati, I shall explain to you the process of massaging with Shivambu such massage carried out according to the prescribed procedure enables the Yogi to attain success in his practice of yoga (I.e. in his endeavors towards spiritual development).(44)

शिवाम्बु पथमं गाह्यं मृत्पात्रे स्थापयेद् ध्रुवम् ।
तुर्यभागावशिष्टं तत् स्वाडशीतलमुद्धरेत् ॥४५॥

Shivambu should first be taken in an earthen pot and stored. When only one-fourth of it is left, the cool concentrate should be used to massage the body (45)

तस्य मन्त्रं प्रवक्ष्यामि ग्रहणादानसर्जने |
मन्त्रः || ॐ ह्रीं क्लीं भैरवाय नमः ||
अनेन ग्रहणं कुर्याद्योगी यत्नाच्छिवाम्बुनः |
मन्त्रः || ॐ श्रीं क्लीं उड्डामरेश्वराय नमः ||
अनेनादाय तत्पानं योगी कुर्वन्नदोषभाक् || ४६ ||

मंत्र || ॐ सर्वसृष्टिप्रभवे रुद्राय नमः ||
अनेन देवि मन्त्रेण प्रयत्नोत्सर्जनं चरेत् || ४७ ||

There are certain mantras which are to be recited while accepting, drinking and producing (passing) it, of I am now apprising you. While taking Shivambu into your hands this mantra should be recited:

Mantra : Aum Hrim Klim Bhairavaaya Namasha.
This mantra should be recited while drinking it:

Mantra : Aum Hrim Klim Uddamareshwaraaya Namaha.
And this is the mantra to be recited while passing urine.

Mantra : Aum Sarvashristiprabhava Rudraaya Namaha. (46, 47)

मंत्र | ॐ ह्रीं क्लीं भैरवाय नमः ||
मन्त्रः || ॐ श्रीं क्लीं उड्डामरेश्वराय नमः ||
मंत्र | ॐ सर्वसृष्टिप्रभवे रुद्राय नमः ||
तत्समादाय स्वाङ्गे तु योगी संलेपयेच्छिवे |
लेनाडापुष्टिर्विपुला रोगनाशो विशेषतः || ४८ ||

योगीन्द्रत्वमवाप्नोति गतिरव्याहता भवेत् |
नागायुतबलो योगी यथेष्टं भोजनी भवेत् || ४९ ||

Having thus taken Shivambu, the Yogi should apply it to the body, which action abundantly nourishes the limbs, and cures all disorders. The Yogi who follows these instructions achieves pre-eminence among all Yogis, and his movements become totally unrestrict. He acquires the strength of a thousand elephants, and is able to Obtain(and digest) any food with he desires (48, 49)

He who foolishly uses urine that has not been matured as instructed for massaging the body, finds that his disorders get worsened, and all his limbs becomes weakened due to loss of muscular tone (50)

Therefore urine that has not been matured or aged should never for massaging the body. On the other hand, O Goddess, if property matured urine is us for the purpose, all attainments are with in one's grasp. (51)

By drinking Shivambu and using it for massage in accordance with the prescribed procedure the practitioner is freed from aging and death.(52)

The urine and faeces of on who rinks Shivambu regularly an impart a white color to go. The practitioner who uses a mixture of Shiro-amrit, dew and Shivambu for massaging his body acquires great strength, and from all ailments. (53)

The Yogi who drinks his own urine every morning regularly for three years, and abjures salty, hot and bitter foods for that period will conquer lust, and be the master of his desires.(54)

O Dear One ! He who is unyielding in his practice of taking roasted grams with jiggery, drinking Shivambu and massaging his body with it for six months acquires the ability to see clearly things situated at great distance, to be able to smell them from great distance; he is not subject to ailments, and his body becomes light and supple.(55,56)

O consort of the chief among the Gods ! He who takes on gramme of Piper Longum and one gramee of black pepper everyday, and follows it up with a drink of Shivambu, will in only a month acquire a pleasing voice, and conquer all bodily ailments(57).

The outstanding practitioner who regularly takes powdered dry ginger, and then drinks Shivambu, becomes exceptionally strong and capable of great exploits . He becomes as strong as a thousand elephants, and his youth will tempt even the Apsaras to entreat for his favours. (58)

अभयां भर्जितां चूर्णीकृतां भुक्त्वा पिवेच्छिवे |
सर्वाडमलनिर्मुक्तो देवकायः प्रसन्नधीः || ५९ ||

O Consort of Shiva ! One who drinks Shivambu after taking roasted and powdered Abhaya (Haritaki, Terminalia Chebula) succeeds in purifying his whole body, his body comes to resemble the bodies of gods, and he acquires a cheerful frame of mind. (59)

गङ्गुची त्रिफलाचूर्णं समभागकटुत्रिकम् |
भक्षयेत् क्षीर भक्ताशी शिवाम्बुपरिसेवकः |
अब्दाद् योगी विजानाति शास्त्रतत्त्वं यथोक्तवत् || ६० ||

And he who sedulously drinks Shivambu after taking the mixture of equal part of the powders of Amrita, Triphala (see verse 27),Kau, dry ginger, cum in seeds and the roots of Piper Longum, and keeps to a diet of only and milk will within a year develop an understanding of the Scriptures (60)

One who follows this practice for three years acquires great strength and valour; he becomes a veritable go on Earth. He becomes omniscient, acquires all spiritual attainments, can expound in the Scriptures and Science which he has not studied, and all the three worlds are visible to him. (61)

शरपुंखां सपंचाडगं चूर्णितां च शिवाम्बुना |
पिबेत् योगी महायोगी परमानन्दभाग्भवेत् || ६२ ||

The practitioners who drinks Shivambu with the powder of the five parts of the sharaopunka(Devnaal) plant, acquires pre-eminence among the Yogis, and enjoys spiritual ecstasy. (62)

O Great Goddess ! Powders of dry ginger and crystal sugar should be mixed with ghee and honey and taken with the juice of Nirgundi(Vitex Nirgundo) leaves, followed by a drink of Shivambu. If this is done for a month, one becomes strong in one's limbs and acquires immeasurable physical powers. After one year of this practice, one enjoys all the beneficial fruits of Yoga (63,64)

Equal amounts of black and white sesame seeds should be taken with Karanj(Pongamia Glabvi) seeds and juice of Neem lives, and this should be followed by the drink of Shivambu. The practitioner who follows these instructions will, within a fortnight, achieve perfection of body 65

Having drunk 1/32 gramme of opium roasted on an open fire with Shivambu, the wise man can enjoy sexual intercourse as and then he pleases. One who takes this drink regularly acquires complete control over the ejaculation of semen, over his breathing, and over the strong passions of lust and anger; he will be able to travel over the whole earth for a long time(i.e. he will live a long and active life). (66, 67)

O Goddess ! Triphala choorna (s verse 27) mix with Virgundi(Vitex Nirgundo) and both the varieties of turmeric should be taken with Shivambu. He who does this for three months becomes omniscient, capable of discerning fine distinctions, and as lustrous as a crore of Kamadevas. (68)

One who regularly follows the practice of licking a paste of Bhringaraj(Elipta Errecra)and honey, and drinking Shivambu after that, will in six months be able to cheat time (becomes free from the ravages of age) and will become far-sighted. (69)

He who regularly takes a powder of the Neem tree, the roots of Chitraka(Plumago Zylania) and the root of Piper Longum with Shivambu attains such spiritual eminence as to deserve to be worshipped even by the gods. (70)

The root of red Apamarg (Achyranthus Aspara), and the root of Chakramarda (Chenopodium Album) should be drunk with Neem juice, and this should be followed by a drink of Shivambu. One who does this regularly will remain free from all diseases and he will not be subject to the effects of old age such as wrinkles or greying of hairs which will remain back. He will be able to walk a distance of ten yojanas (125 Kilometers)without effort. He will be able to hear sounds from great distance and thus come to know about distant events. He will be able to divine other people's thoughts, and O Goddess ! Young women of royal blood with faces rivaling the moon in beauty will be attract towards him. (71 72 73)

He who likes a grain of the Juice of white kaner (Nerium Odorum) and then takes a drnking of Shivambu everyday will be free from epilepsy (and mental disorders) withib a year. (74)

The juice of white Gunja(Abrus Preatorius) seeds, the juice of Sharapunkha (Dvala) leaves, the powdered seeds of Chakramarda (Chenopaium Album) and the powdered roots of Matulung (Mahalung) should be taken in equal quantities and wetted with Shivambu to prepare a paste. This paste should be rolled into pea-sized pills. One of these pills should be taken every day, and Shivambu taken after that. If this practice is continued for a month, the practitioner, pre-eminent among the Yogis, will achieve such a purification of his body as to render it free from all ailments. (75, 76, 77)

Powdered seeds of Karanja (Pongamia Glabra), the gum of the Banian tree (Ficus Bengalensis) an a little opium should be mixed and liked every morning, and this should be followed by a drink of Shivambu. The Yogi who follows this practice will in six months acquire the youthfulness of a sixteen-years old boy. He can become invisible when he choose, and can become visible at will. (78, 79)

काकजंघापत्ररसं भृंगराजसान्वितम् |
मधुत्रयतं लीढ्वा वलीपलितवर्जितः ||८०||

The juice of the leaves of Kavali should be mixed with the juice of Bhringaraaj leaves, and taken with honey crystal sugar and ghee. The mixture is like a thick paste, and has to be linked. One who takes this mixture regularly will be free from the signs of old age, and his hair will remain back. (80)

White Mustard seeds and Turmeric mixed with both kinds of cumin seeds should be powdered together and taken regularly. This will free one from all signs of old age within a MONTH. (81)

Drumstrlcks, Jatamansi and white Mustard seeds should be powdered mixed with honey and ghee. This should be taken regularly. This practice causes one's body to become as comely as that of the demi-gods known as Gandharvas. (82)

Kanlanmi (Guggul) an Bhargika (Cleroenron Serrotum) should be powdered and made into a paste by mixing with butter. If this taken regularly with Shivambu, the practitioner acquires a pleasing personality. (83)

In the world you off moss known as judiciary and the seeds of spenders new reform news showed the board and meets the Shivambu he would takes this make sure our regular the acquires the charming but a slight 80 of the famous the Indian the King of the Y. axis and been not be subject to the process of the aging a deep oh

नस्यं प्रातः प्रकुरुते योगी देवि शिवाम्बुना ।
कफरोगा विनश्यन्ति वातरोगा सपैत्तिकाः ।
ज्वलज्जठरवह्निः स्यादतिकायबलोऽबलः ॥८५॥

In the U. of the takes masha faeces muscle passages with Shivambu every morning he read the geared of all diseases which are caused by the excess of the on all of the three human errors, par P GM but the error and the Dow by a he acted tonight need the its deleted and if his body is the 80 need the grade the stated 85

If the practice in your off the Sistine my sizes his body peaks during the they and prize during the night with Shivambu Longley with the need the conformance upon him 86

If we massad says his body with Shivambu three times in a very. Off the day and Mike nine 24 hours he read the strong in these and in all the giants of the body he read the constant the begin a state of expected to happen is you need (C. have friendly beatings for on and his body mean shine with the golden major 87

Even if he drinks Shivambu for the first but the and Mossad there's his body with the ones that the he becomes a capital of great exploiting its if these practice is followed for three years his body been acquire radiance believe become the master of our arts and science. Acquire one S. 80 and Bailey CD of speech and he been live so long as the moon and the stars continue to exist 88,89

And now we're oh bodies I saw an expiring the various practices to be followed building inch of the six seasons the U. of the who at OPS the practice as described mean not be a buyer by diseases 90

वसन्तकाले देवेशि क्षौद्युक्तां हरीतकीम् ।
प्राश्य विश्वौषधं तद्वत् पश्चात् पानं शिवाम्बुनः ॥९१॥

विशतिः श्लेष्मरोगाणां चत्वारिंशच्च पैत्तिकाः ।
अशीतिर्वातजा रोगा नश्यन्ते नात्र संशयः ॥९२॥

“the during the spring order to hurried up the paramount AR she Bavao should be taken with honey and similarly ordered by changer should be taken with honey bee should be followed by all during off Shivambu this practice main and Sherry the the Prima one from delayed the disk orders are these by excess of cup top beating them 40 disports caused by excess of what the error 91,92

कटुतीक्ष्णरसा वज्र्या वसन्ते च महेश्वरि ।
तेनाडपुष्टिः सत्यं हि जायते योगिनोऽनिशम् ॥९३॥

And oh grade in court days better and one giant food should be avoided getting the spring the scene a share the proper narration and and do love main of all the limbs 93

॥ इति श्रीडामरतन्त्रे शिवाम्बुकल्पविधिः समाप्तः ॥

It's Free for a bill for him a Bo Over great corn base during the summer the goal: T. D's bald ordered her without the door mania Cuba and in a beam but along and should be taken with getting the band this should be followed by a drink off of Shivambu this in the three store the body to its normal state geared all these essays, followed exe the off bijan and like this off the body and based oh upon the practice error to get back to the bald driving through the air nine to 95

During the rainy season around G. late August ordered the the car Panamanian now shipping now should be taken with powdered roots of people people longer and saw in the salt after that Shivambu should be drawn the U. B. who followed this practice need become free from diseases and his bodies the become radiant if we takes the powder along with men he may not be considered try on the one touched by five 96,97

During the share this season September October powdered the become chairman me in the cheap in the powdered fruits of the remainder Davey Sierra and powered Christiane symbol makes two were mixed together should be taken and blood drinker of Shivambu taken after that this act is Neal beautify the body free from DC's is and in part of the cap and the of the Greek motion over the ground and oak console of the chief among them courts all the contents, afforded by yoga need the acquired in a very short field 98,99

During the Humana season member December powdered dry Ginger order and noble fruit of Phylonthus in become and powdered and free to the Terminalia-should be next to neither and taken the photo thinking Shivambu to you the new bottles these practice becomes free from all the A's 40 supporters resulting from abnormalities of body starts are connected star players of the chair and is improved up in this year's speech and not eighths of all signs are acquired be doubt any" Hundred hundred and one

During the city's season January February makes order of the bar in the legal roots the that the Panamanian are Chebula and dry Ginger should be taken before drinking Shivambu this beauty files the body, furnace the straight and of hundred 80 funds and prevent the RAM in his of old age the practitioners becomes only son and the object of affection of all living entities 102 103

O. bodies during the tedium of the regular and section of Shivambu one must stating Leslie capture the following paycheck devils consisting might the often leads are off flops grams and was says such as quarter hour hearths grants many as black grams except row say the years that are like the two cause Ripken's run giants sharp beat the salty and so foods six years intercourse avoidance all these need help the success of you the practice in the relaxation of this helps eastern's is likely to cost are 104 105 106

Oh dealer one I have expounded the tape in the Sistine card Shivambu cut off to you this cease secret not eighths that these to be. The guarded it should not be in parted to all and sun and the bird only to the deserving 107

You're a ends the discussion of Shivambu cup are the ads expounded in the Dow more than the first of box